

En el médico en inglés: frases para la salud y los consejos

Nivel: A2

Decir qué te pasa

I'd like to make an appointment.	Quisiera pedir una cita.	"I'd like to make an appointment, please." "Is tomorrow at ten okay?"
I don't feel well.	No me siento bien.	"What's the matter?" "I don't feel well."
I have a headache.	Me duele la cabeza. / Tengo dolor de cabeza.	"I have a headache" and I feel tired."
I have a sore throat.	Me duele la garganta.	"I have a sore throat." "Open your mouth, please."
My stomach hurts.	Me duele el estómago.	"My stomach hurts." "Where exactly?"
I have a fever.	Tengo fiebre.	"I have a fever." "Let me check."
I've got a cough.	Tengo tos.	"I've got a cough" at night."

Dar más detalles

It started two days ago.	Empezó hace dos días.	"When did it start?" "It started two days ago."
It hurts when I walk.	Me duele cuando camino.	"My foot is bad. It hurts when I walk."
I can't sleep.	No puedo dormir.	"I can't sleep, and I feel terrible."
I feel tired all the time.	Me siento cansado todo el tiempo.	"I feel tired all the time, doctor."
I'm allergic to penicillin.	Soy alérgico a la penicilina.	"I'm allergic to penicillin." "Thank you. I'll write it down."
I'm taking some medicine.	Estoy tomando un medicamento.	"I'm taking some medicine" for my cough."

Lo que pregunta el médico

What's the matter?	¿Qué le pasa? / ¿Cuál es el problema?	"Good morning. What's the matter?" "I have a headache."
Where does it hurt?	¿Dónde le duele?	"Where does it hurt?" "Here, in my back."
When did it start?	¿Cuándo empezó?	"When did it start?" "Last night."
Do you have a fever?	¿Tiene fiebre?	"Do you have a fever?" "I don't think so."
Are you allergic to anything?	¿Es alérgico a algo?	"Are you allergic to anything?" "No, nothing."
Open your mouth, please.	Abra la boca, por favor.	"Open your mouth, please." Say ah."
Take a deep breath.	Respire hondo.	"Take a deep breath." Now breathe out."

Consejos y medicamentos

You should rest.	Debería descansar. (consejo)	"You should rest for two days."
You must drink a lot of water.	Debe beber mucha agua. (muy importante)	"You must drink a lot of water." "Okay, doctor."
You have to stay in bed.	Tiene que quedarse en cama. (no hay otra opción)	"You have to stay in bed for three days."
You shouldn't go to work.	No debería ir a trabajar. (consejo)	"You shouldn't go to work tomorrow."
Take this medicine twice a day.	Tome este medicamento dos veces al día.	"Take this medicine twice a day, after food."
Come back in a week.	Vuelva en una semana.	"Come back in a week if you still feel bad."
Should I take it with food?	¿Debo tomarlo con comida?	"Should I take it with food?" "Yes, you should."

Ejercicio 1: Une la frase con la situación

Une cada frase con su situación.

1. I have a sore throat. → _____
2. I have a fever. → _____
3. Where does it hurt? → _____
4. I'm allergic to penicillin. → _____
5. You have to stay in bed. → _____
6. Take a deep breath. → _____

El médico dice que no hay otra opción. El médico escucha tu pecho. El médico quiere encontrar el dolor. Te duele la garganta. Tu cuerpo está muy caliente. Un medicamento te hace mal.

Ejercicio 2: ¿Qué dices?

Elige la mejor frase para cada situación.

7. Your head hurts. What do you say to the doctor?
a) I have a headache. b) I have a cough. c) My stomach hurts.
8. "When did it start?" " ____ "
a) It started two days ago. b) It hurts here. c) Take this medicine.
9. " ____ stay in bed." (The doctor says it is the only choice.)
a) You have to b) You shouldn't c) You can
10. "You ____ go to work tomorrow." (The doctor says it is a bad idea.)
a) shouldn't b) should c) have to

11. "___" (You call the doctor. You want to see the doctor tomorrow.)
a) I'd like to make an appointment. b) Open your mouth, please. c) Come back in a week.
12. "Are you allergic to anything?" "___" (You are not allergic to anything.)
a) No, nothing. b) No, I don't have. c) Yes, I'm taking.
13. You don't know how to take a medicine. What do you ask?
a) Should I take it with food? b) Do you have a fever? c) Where does it hurt?

Ejercicio 3: Completa el diálogo

Escribe la palabra que falta.

14. "What's the ___?" "I don't feel well."
15. "I have a sore ___." "Open your mouth, please." (t...)
16. "My stomach ___." "Where exactly?" (h...)
17. "You ___ rest and drink a lot of water." (It is a good idea.) (s...)
18. "Take this medicine ___ a day: in the morning and at night." (t...)
19. "Are you ___ to anything?" "No, nothing." (a...)

Soluciones

Ejercicio 1: Une la frase con la situación

1. I have a sore throat. → Te duele la garganta.
2. I have a fever. → Tu cuerpo está muy caliente.
3. Where does it hurt? → El médico quiere encontrar el dolor.
4. I'm allergic to penicillin. → Un medicamento te hace mal.
5. You have to stay in bed. → El médico dice que no hay otra opción.
6. Take a deep breath. → El médico escucha tu pecho.

Ejercicio 2: ¿Qué dices?

7. a) I have a headache.
8. a) It started two days ago.
9. a) You have to
10. a) shouldn't
11. a) I'd like to make an appointment.
12. a) No, nothing.
13. a) Should I take it with food?

Ejercicio 3: Completa el diálogo

14. matter / problem
15. throat
16. hurts
17. should
18. twice
19. allergic