

Adverbs of Frequency Exercises

Level: A1, A2

Adverbs of frequency

An adverb of frequency says how often something happens. Its place in a sentence depends on the verb.

Meaning: Always means every time; never means zero times.

Main verb: Put the adverb before most main verbs: I often walk.

Be: Put the adverb after am, is or are: She is often late.

Questions: How often asks about frequency: How often do you walk?

Exercise 1: Choose the correct answer

Select the option that completes the sentence.

1. I ___ brush my teeth before bed. (every night)
a) always b) never c) rarely d) sometimes
2. He ___ plays football on Saturdays. (most Saturdays)
a) usually b) never c) rarely d) hardly ever
3. They ___ eat at this café. (many times)
a) often b) never c) rarely d) hardly ever
4. She is ___ late. (on no occasions)
a) never b) always c) often d) usually
5. They are ___ busy on Fridays. (most Fridays)
a) usually b) never c) rarely d) hardly ever

Exercise 2: Fill the gaps

Type the missing word or words.

6. She ___ drinks coffee. (not on any day)
7. They ___ at home on Saturdays. (use never; be)
8. He ___ watch TV. (not at all; present simple)
9. He ___ forgets birthdays. (zero times)

Exercise 3: Put the words in order

Click the parts in the correct order.

10. Put the words in the correct order: **to school.** / **I usually** / **walk**

11. Put the words in the correct order: **never late / She is / on Mondays.**

12. Put the words in the correct order: **often play / They / outside.**

13. Put the words in the correct order: **is always / My brother / happy.**

Exercise 4: Right or wrong?

Decide whether each sentence is correct.

14. We never go to the cinema. (on some occasions) True / False

15. I rarely visit the museum. (almost never) True / False

16. We never walk to school. (every school day) True / False

17. The shop is never open on Sundays. (no Sundays) True / False

Answer key

Exercise 1: Choose the correct answer

1. a) always
2. a) usually
3. a) often
4. a) never
5. a) usually

Exercise 2: Fill the gaps

6. never
7. are never
8. doesn't / does not
9. never

Exercise 3: Put the words in order

10. I usually walk to school.
11. She is never late on Mondays.
12. They often play outside.
13. My brother is always happy.

Exercise 4: Right or wrong?

14. False
15. True
16. False
17. True