

Past Tense of Meet: Met

Meet is an irregular verb. Its past form and past participle are the same word: met. Say I met Anna yesterday and I have met Anna before.

Base	meet
Past	met
Past participle	met
3rd person / -ing	meets / meeting

Examples

We meet at the cafe every Friday. — Every Friday describes a routine, so use meet.

I meet my friends after school. — Meet is the base form with I, you, we and they.

She met her husband in Spain. — Met is the past form; it does not need have.

They met at a party last year. — Last year is finished, so use met.

I have met your brother. — After have, the participle is also met.

Have you met my mother? — Have you met asks if you already know a person.

Notes

Meet or know? Meet is for the first time or for a planned time together: I met Anna at school. Know describes what you know now: I know Anna well. Say Nice to meet you the first time, and Nice to see you again later.

Spelling Meet has ee and met has e. The past does not add -ed, and meeting is the -ing form with one t. A meeting is also a noun for an organized talk.

Common mistakes

I meeted him yesterday. → I met him yesterday. — Meet is irregular; the past form is met, never meeted.

Nice to met you. → Nice to meet you. — After to, use the base form meet, not the past form.

Exercises

Choose the right form

1. Yesterday I ___ my new teacher. (meet / met / meeted)
2. Have you ___ my sister? (met / meet / meeted)
3. We ___ in the park every Sunday. (met / meeted / meet)
4. Nice to ___ you. (met / meet / meeting)

Write the missing form

1. We have ___ before.
2. My parents ___ in London in 1998.
3. I ___ my sister every week.

Correct the mistake

1. I metted her at school.

Answer key

Choose the right form

1. met — Yesterday is a finished past time, so use met.
2. met — Have you takes the past participle met.
3. meet — Every Sunday shows a present habit: we meet.
4. meet — After to, use the base form meet.

Write the missing form

1. met — Have plus the past participle is have met.
2. met — In 1998 is finished, so use the past simple met.
3. meet — Every week shows a routine, so use meet.

Correct the mistake

1. met — The past of meet is met, not meeted.

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