

Exercícios de simple past vs past continuous em inglês

Nível: A2, B1

Nome: _____ Data: _____

Simple past ou past continuous?

O *past continuous* (was/were + -ing) monta o cenário com uma ação em andamento; o *simple past* conta a ação curta que aconteceu no meio dela.

Past continuous: was/were + -ing: At 8 p.m. I was cooking dinner.

Simple past: ações terminadas: The phone rang.

Ação curta dentro de uma longa: While I was cooking, the phone rang. (ação longa + ação curta)

Duas ações ao mesmo tempo: While I was cooking, he was setting the table.

Palavras-chave: Muitas vezes, *while* ou *as* introduz a ação contínua e *when* o evento no passado simples; o contexto decide.

Exercício 1: Escolha o tempo verbal correto

Escolha a opção correta para completar cada frase.

- I ___ a shower when the phone rang, so I didn't answer.
a) took b) was taking c) am taking
- She ___ her coffee, paid, and left the café.
a) was finishing b) finished c) finishes
- What ___ you ___ at 10 o'clock last night?
a) are / doing b) were / doing c) did / done
- While we ___ in the garden, it suddenly started to rain.
a) were sitting b) are sitting c) sit
- He ___ his leg while he was playing football.
a) was breaking b) broke c) breaks

Exercício 2: Complete as frases

Digite a forma correta do verbo entre colchetes (simple past ou past continuous).

- Sorry, I didn't hear the phone. I ___ TV. (*watch*)
- The children ___ in the park when it began to snow. (*play*)
- She ___ the door, put on her coat, and left the house. (*open*)
- While I ___ to work, I saw an accident. (*drive*)
- I called at 8, but they couldn't talk. They ___ dinner. (*have*)

Exercício 3: Coloque as palavras em ordem

Clique nas palavras na ordem correta para formar a frase.

11. Coloque as palavras na ordem correta: **was / when / raining / it / we arrived.**

12. Coloque as palavras na ordem correta: **while / was sleeping. / the baby / she / worked**

13. Coloque as palavras na ordem correta: **were / what / you / doing at 9 p.m. / ?**

14. Coloque as palavras na ordem correta: **fell / he / was running. / while / he**

Exercício 4: Verdadeiro ou falso?

Decida se cada afirmação é verdadeira ou falsa.

15. The past continuous is formed with was/were + verb-ing. Verdadeiro / Falso

16. In "While I was cooking, the phone rang", was the phone ringing the longer action? Verdadeiro / Falso

17. Two actions at the same time in the past can both use the past continuous with 'while'. Verdadeiro / Falso

18. "I was knowing the answer" is correct. Verdadeiro / Falso

Gabarito

Exercício 1: Escolha o tempo verbal correto

1. b) was taking
2. b) finished
3. b) were / doing
4. a) were sitting
5. b) broke

Exercício 2: Complete as frases

6. was watching
7. were playing
8. opened
9. was driving
10. were having

Exercício 3: Coloque as palavras em ordem

11. it was raining when we arrived.
12. she worked while the baby was sleeping.
13. what were you doing at 9 p.m. ?
14. he fell while he was running.

Exercício 4: Verdadeiro ou falso?

15. Verdadeiro
16. Falso
17. Verdadeiro
18. Falso