

No médico em inglês: frases para saúde e conselhos

Nível: A2

Nome: _____ Data: _____

Estas são frases úteis para uma consulta médica. Diga o que você sente, responda às perguntas do médico e entenda os conselhos. Leia cada frase e o diálogo curto, e depois faça os exercícios. Ao lado de cada frase você vê o equivalente em português.

Na consulta

Médico: What's the matter? — O que você tem?

Paciente: I don't feel well. — Não estou me sentindo bem.

Médico: Where does it hurt? — Onde dói?

Paciente: I have a headache. — Estou com dor de cabeça.

Médico: When did it start? — Quando começou?

Paciente: It started two days ago. — Começou há dois dias.

Médico: Do you have a fever? — Você está com febre?

Paciente: I have a fever. — Estou com febre.

Médico: You should rest. — Você deveria descansar.

Médico: Come back in a week. — Volte daqui a uma semana.

Dizer o que você sente

I'd like to make an appointment.	Eu gostaria de marcar uma consulta.	"I'd like to make an appointment, please." "Is tomorrow at ten okay?"
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I don't feel well.	Não estou me sentindo bem.	"What's the matter?" "I don't feel well."
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I have a headache.	Estou com dor de cabeça.	"I have a headache and I feel tired."
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I have a sore throat.	Estou com dor de garganta.	"I have a sore throat." "Open your mouth, please."
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My stomach hurts.	Estou com dor de estômago.	"My stomach hurts." "Where exactly?"
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I have a fever.	Estou com febre.	"I have a fever." "Let me check."
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I've got a cough.	Estou com tosse.	"I've got a cough at night."
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Dar mais detalhes

It started two days ago.	Começou há dois dias.	"When did it start?" "It started two days ago."
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It hurts when I walk.	Dói quando eu caminho.	"My foot is bad. It hurts when I walk."
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I can't sleep.	Não consigo dormir.	"I can't sleep, and I feel terrible."
I feel tired all the time.	Me sinto cansado o tempo todo.	"I feel tired all the time, doctor."
I'm allergic to penicillin.	Sou alérgico à penicilina.	"I'm allergic to penicillin." "Thank you. I'll write it down."
I'm taking some medicine.	Estou tomando um remédio.	"I'm taking some medicine for my cough."

O que o médico pergunta

What's the matter?	O que o senhor tem? / Qual é o problema?	"Good morning. What's the matter? " "I have a headache."
Where does it hurt?	Onde dói?	"Where does it hurt?" "Here, in my back."
When did it start?	Quando começou?	"When did it start?" "Last night."
Do you have a fever?	O senhor tem febre?	"Do you have a fever?" "I don't think so."
Are you allergic to anything?	O senhor tem alergia a alguma coisa?	"Are you allergic to anything?" "No, nothing."
Open your mouth, please.	Abra a boca, por favor.	"Open your mouth, please. Say ah."
Take a deep breath.	Respire fundo.	"Take a deep breath. Now breathe out."

Conselhos e remédios

You should rest.	O senhor deveria descansar. (conselho)	"You should rest for two days."
You must drink a lot of water.	O senhor deve beber bastante água. (muito importante)	"You must drink a lot of water." "Okay, doctor."
You have to stay in bed.	O senhor precisa ficar de cama. (não há outra opção)	"You have to stay in bed for three days."
You shouldn't go to work.	O senhor não deveria ir trabalhar. (conselho)	"You shouldn't go to work tomorrow."
Take this medicine twice a day.	Tome este remédio duas vezes por dia.	"Take this medicine twice a day, after food."
Come back in a week.	Volte em uma semana.	"Come back in a week if you still feel bad."
Should I take it with food?	Devo tomar com comida?	"Should I take it with food?" "Yes, you should."

Exercício 1: Ligue a frase à situação

Ligue cada frase à sua situação.

1. I have a sore throat. → _____
2. I have a fever. → _____
3. Where does it hurt? → _____

4. I'm allergic to penicillin. → _____
5. You have to stay in bed. → _____
6. Take a deep breath. → _____

O médico diz que não há outra opção. O médico ouve o seu peito. O médico quer encontrar a dor. Seu corpo está muito quente. Sua garganta dói. Um remédio faz mal a você.

Exercício 2: O que você diz?

Escolha a melhor frase para cada situação.

7. Your head hurts. What do you say to the doctor?
a) I have a headache. b) I have a cough. c) My stomach hurts.
8. "When did it start?" "____"
a) It started two days ago. b) It hurts here. c) Take this medicine.
9. "____ stay in bed." (The doctor says it is the only choice.)
a) You have to b) You shouldn't c) You can
10. "You ____ go to work tomorrow." (The doctor says it is a bad idea.)
a) shouldn't b) should c) have to
11. "____" (You call the doctor. You want to see the doctor tomorrow.)
a) I'd like to make an appointment. b) Open your mouth, please. c) Come back in a week.
12. "Are you allergic to anything?" "____" (You are not allergic to anything.)
a) No, nothing. b) No, I don't have. c) Yes, I'm taking.
13. You don't know how to take a medicine. What do you ask?
a) Should I take it with food? b) Do you have a fever? c) Where does it hurt?

Exercício 3: Complete o diálogo

Escreva a palavra que falta.

14. "What's the ____?" "I don't feel well."
15. "I have a sore ____." "Open your mouth, please." (t...)
16. "My stomach ____." "Where exactly?" (h...)
17. "You ____ rest and drink a lot of water." (It is a good idea.) (s...)
18. "Take this medicine ____ a day: in the morning and at night." (t...)
19. "Are you ____ to anything?" "No, nothing." (a...)

Exercício 4: Compreenda o diálogo

Escolha a resposta de acordo com a conversa.

20. When did the problem start?

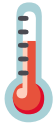
- a) Two days ago b) This morning c) A week ago

Exercício 5: Choose the Word in the Picture

Look at each picture and choose its English word.



21. a) I'd like to make an appointment. b) I don't feel well. c) I have a headache. d) I have a sore throat.



22. a) I've got a cough. b) I have a fever. c) It started two days ago. d) It hurts when I walk.



23. a) I'm allergic to penicillin. b) I feel tired all the time. c) I'm taking some medicine. d) What's the matter?



24. a) Are you allergic to anything? b) Open your mouth, please. c) Take a deep breath. d) Do you have a fever?



25. a) You have to stay in bed. b) You shouldn't go to work. c) Take this medicine twice a day. d) You must drink a lot of water.



26. a) I'd like to make an appointment. b) I don't feel well. c) I have a headache. d) Should I take it with food?

Gabarito

Exercício 1: Ligue a frase à situação

1. I have a sore throat. → Sua garganta dói.
2. I have a fever. → Seu corpo está muito quente.
3. Where does it hurt? → O médico quer encontrar a dor.
4. I'm allergic to penicillin. → Um remédio faz mal a você.
5. You have to stay in bed. → O médico diz que não há outra opção.
6. Take a deep breath. → O médico ouve o seu peito.

Exercício 2: O que você diz?

7. a) I have a headache.
8. a) It started two days ago.
9. a) You have to
10. a) shouldn't
11. a) I'd like to make an appointment.
12. a) No, nothing.
13. a) Should I take it with food?

Exercício 3: Complete o diálogo

14. matter / problem
15. throat
16. hurts
17. should
18. twice
19. allergic

Exercício 4: Compreenda o diálogo

20. a) Two days ago

Exercício 5: Choose the Word in the Picture

21. a) I'd like to make an appointment.
22. b) I have a fever.
23. b) I feel tired all the time.
24. d) Do you have a fever?
25. d) You must drink a lot of water.
26. d) Should I take it with food?