

Verbos da rotina diária em inglês

Nível: A2

Nome: _____ Data: _____

Aprenda os verbos e as frases de que você precisa para falar do seu dia, da manhã à noite. Leia cada frase e o exemplo, e depois faça os exercícios. Lembre: com *he*, *she* e *it*, o verbo termina em -s (*he gets up*, *she goes to work*).

De manhã

wake up	acordar	I wake up at 6:30 every morning.
get up	levantar (sair da cama)	My father gets up at 6 o'clock.
have a shower	tomar banho	She has a shower before breakfast.
brush your teeth	escovar os dentes	I brush my teeth after breakfast.
get dressed	vestir-se, trocar de roupa	She gets dressed quickly in the morning.
have breakfast	tomar café da manhã	We have breakfast at 7:30.
leave home	sair de casa	He leaves home at 8 o'clock.
go to work	ir trabalhar, ir ao trabalho	My mother goes to work by bus.

Durante o dia

go to school	ir à escola	The children go to school at 8:30.
take the bus	pegar o ônibus	I take the bus to work.
start work	começar a trabalhar	Anna starts work at nine o'clock.
work	trabalhar	My brother works in a bank.
study	estudar	She studies English in the evening.
have lunch	almoçar	Tom has lunch at one o'clock.
finish work	terminar de trabalhar, sair do trabalho	My father finishes work at 5 p.m.
do homework	fazer a lição de casa	The children do their homework after school.
come home	voltar para casa, chegar em casa	I come home at 6 p.m.

À tarde e à noite

cook dinner	preparar o jantar	My mother cooks dinner in the kitchen.
have dinner	jantar	We have dinner at 7:30.
wash the dishes	lavar a louça	I wash the dishes after dinner.
watch TV	assistir à TV	They watch TV in the evening.
clean the house	limpar a casa	My brother cleans the house on Saturdays.
relax	descansar, relaxar	On Sundays, my parents relax at home.
read a book	ler um livro	He reads a book in bed.

go to bed	ir para a cama, deitar	I go to bed at 11 o'clock.
go to sleep	ir dormir, pegar no sono	The baby goes to sleep at 8 p.m.

Exercício 1: Ligue as frases

Ligue cada frase ao seu desenho ou ao seu significado.

1. have a shower → _____
2. watch TV → _____
3. take the bus → _____
4. read a book → _____
5. wake up → _____
6. get up → _____

acordar levantar ☐ ☐ ☐ ☐

Exercício 2: Escolha a palavra correta

Escolha a resposta correta para cada frase.

7. It's 11 p.m. and Tom is tired. He ____.
a) goes to bed b) gets up c) has breakfast
8. She ____ breakfast at 8 o'clock.
a) has b) have c) haves
9. My brother ____ to work by bus every day.
a) go b) goes c) going
10. In the evening, I ____ TV with my family.
a) watch b) look c) see
11. We ____ the dishes after dinner.
a) wash b) make c) have
12. Anna ____ her teeth after breakfast.
a) brushes b) brushes c) brush

Exercício 3: Complete a lacuna

Escreva a palavra que falta.

13. I ____ up at 6 o'clock, but I stay in bed for ten minutes.
14. She ____ a shower every morning. (*have*)
15. My sister is a student. She ____ to school at 8 o'clock. (*go*)
16. I'm hungry. It's one o'clock. I have ____.

17. The children ___ their teeth before bed. (*brush*)
18. My father ___ work at 5 p.m. (*finish*)
19. She gets dressed ___. Her bus is in five minutes. (*quick*)

Exercício 4: Choose the Word in the Picture

Look at each picture and choose its English word.



20. a) get up b) wake up c) have a shower d) brush your teeth



21. a) leave home b) go to work c) go to school d) have breakfast



22. a) work b) start work c) study d) have lunch



23. a) do homework b) come home c) cook dinner d) have dinner



24. a) clean the house b) relax c) read a book d) watch TV



25. a) wake up b) go to sleep c) get up d) have a shower

Gabarito

Exercício 1: Ligue as frases

1. have a shower → ☐☐
2. watch TV → ☐☐
3. take the bus → ☐☐
4. read a book → ☐☐
5. wake up → acordar
6. get up → levantar

Exercício 2: Escolha a palavra correta

7. a) goes to bed
8. a) has
9. b) goes
10. a) watch
11. a) wash
12. b) brushes

Exercício 3: Complete a lacuna

13. wake
14. has / takes
15. goes
16. lunch
17. brush
18. finishes
19. quickly

Exercício 4: Choose the Word in the Picture

20. b) wake up
21. d) have breakfast
22. b) start work
23. a) do homework
24. d) watch TV
25. b) go to sleep